per the Prayer timings.

This leaflet is meant to teach new Muslims how to perform their five daily Prayers.

Before performing a Prayer, first you need to be in a state of physical (tangible) cleanliness and non-physical (intangible) cleanliness by performing Tahaara (Purification).

When performing Tahaara, you remove any physical impurities and non-physical impurities. See the section on Tahaara for the method of removing both physical and non-physical impurities.

. Once you are purified from physical and non-physical impurities (i.e. in a state of Tahaara), you still need to perform Ablution (Wudhuu) in order to perform Prayer. See the section on Wudhuu for step-by-step instructions on how to perform Wudhuu.

. Once you have Wudhuu, you are now ready to perform Prayer. See the section on Prayer for step-by-step instructions on how to perform daily Prayers.

**SALAAT** SIMPLIFIED



# SALAAT SIMPLIFIED

. A Muslim is required to perform daily obligatory Prayers (Salaat) five times as

caused by sexual intercourse and wet dream (Janaaba), menstrual cycle (Heidh), post natal bleeding (Nifaas). Allah (swt) says:

Follow the steps (

# How To Perform LAHAARA

2. Purification of "non-physical impurity" that is

"Allah loves those who turn to Him constantly and

He loves those who keep themselves pure and

"Tahaara is the basis of Faith" (Sahih Muslim and

In Islam, all deeds are considered by their

intentions, thus before making an Tahaara one

needs to make an intention in the heart to take

away the state of impurity from your body, clothes,

the place intended for performing prayer for Allah's

Why Tahaara?

madhee and wadee.

clean." (Qur'an 2:222)

Prophet Muhammad (saw) said:

Niyyah (Intention)

Tahaara in Islam is of two kinds:

Allah commands Muslims to purify themselves from all types of impurities before performing certain acts of worship.

> Stool: from human and animals except from animals that are eaten by humans ➤ Blood: all types of blood except blood from

cutting fish or meat

1. Purification of "physical impurity" that is caused Puke: food or liquid that flows back from the when a person passes urine or stool (also called stomach into mouth Hadath L-Asghar) or is in contact with impurity such as urine, stool, blood, vomit, puke, manee,

Manee: liquid that comes out during sexual intercourse or wet dream Madhee: light clear liquid that comes out

Physical Impurities

'Najasa' is an Arabic term for all physical

substances that Islam considers them as impurities

that when in contact with the body, clothes of

place where prayer is intended to be performed

must be removed first before performing praye

(Salaat). Najasa include the following substances:

Urine: whether from human or animals

during sexual foreplay Wadee: light white liquid that comes out after

### **Removal of Najasa**

Najasa on the body, clothes or place where prayer is intended to be performed, (or anything or anywhere for that matter) can be removed by simply washing off with water. It is not stipulated as to how many times it must be washed off, except in the case of the physical impurity of a dog (i.e. it: saliva, urine and feces), where it must be washed seven times, one of which must be done with clean earth (sand or dust). For the rest of Najasa, they must be washed off with water only, and if some smell or stubborn stains remain after washing, they may be ignored.

### **Non-Physical Impurities** (Hadath L-Akbar)

'Hadath L-Akbar' is an Arabic term that refers to the state of non-physical impurity (intangible uncleaness) that prevents a Muslim from offering prayers and other acts of worship until that state is removed. Hadath L-Akbar includes the following

State of 'Janaaba' - After a sexual intercourse or after semen emission whether the person is awake or asleep (wet dream)

> State of 'Heidh' - After the woman's menstrual

State of 'Nifaas' - After a period of woman's post natal bleeding (usually 40 days)

Removal of Hadath L-Akbar

Purifying oneself from the state of Hadath L-Akbai can be achieved by ritual bathing (Ghusul) which involves pouring clean water to the entire body. Ghusul is performed in order to validate: Salaat, Tawaf, Fasting, Touching and Reading the Qur'an, and Entering a Mosque.

Ghusul is needed in the following situations: After sexual intercourse or after semen emission whether the person is awake or

asleep (wet dream) After woman's menstrual cycle

> After period of woman's post natal bleeding

After a non-Muslim reverted to Islam When preparing a dead body of a Muslim for

When suspect having ritual impurity

During the two Muslim Eids

Before entering the state of 'Ihram' for Hajj or

# Wudhuu Why Wudhuu?

How To Perform

Performing Ablution (Wudhuu) before entering into prayer (Salaat) is commanded by Allah (swt) and His Prophet (saw).

### Allah (swt) savs:

"O you who have believed, when you rise to [perform] Prayer, wash your faces and your forearms to the elbows and wipe over your heads and wash your feet to the ankles. And if you are in a state of janabah, then purify yourselves. But if you are ill or on a journey or one of you comes from the place of relieving himself or you have contacted women and do not find water, then seek clean earth and wipe over your faces and hands with it Allah does not intend to make difficulty for you, but He intends to purify you and complete His favor upon you that you may be grateful." [Qur'an 5:6]

Prophet Muhammad (saw) said:

"No Prayer is valid of whoever neglects Ablution." [Sahih Bukhari and Sahih Muslim]

### Niyyah (Intention)

In Islam, all deeds are considered by their intentions, thus before making an Ablution one needs to make an intention in the heart to take away the state of impurity from your body by performing Ablution for Allah's sake.

Using both hands, wash face three times, wiping from your forehead to your chin and extending your hands to cover your face from ear to ear.

Before start making

the Ablution,

Say:

"Bismillah"

Step 4



Wash both hands up to the wrists three

times. Make sure the water reaches all

parts of the wrist, including between the

Step 1

Wash your arm including the elbow three times starting with your right arm

fingers.

Step 5



Using your right hand, put a handful of

water into your mouth and rinse it

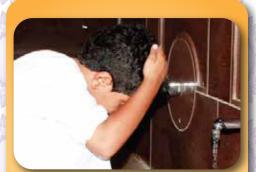
thoroughly and guggle in as deep as

Step 2

possible. Do this three times.

Wash the left arm including the elbow three times, as you have done for the

Step 6



Again using the right hand, sniff water

the left hand, again three times.

into your nostrils as far in as possible to

clean them. Wipe any mucus away with

Step 3

Wipe the head with a wet hand once from the front to the back.

Step 7

puking.

For more information refer to

ritual impurity.

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**Actions that Nullify Wudhu** 

An excretion of the

Sleep that removes

consciousness.

any reason.

private parts (urine, feces,

Loss of consciousness for

To be in contact with the

Bleeding, vomiting and

sexual organ or any other

gas and prostatic fluids).

relevant books on prayer.

# Tayammum (Dry Ablution) refers to the use of

How to find us..

Industrial

Area

أشْهَدُ أَنَّ لَا إِلَّهُ إِلَّا اللهِ وأنَّ مُحَمَّداً رَسُولُ اللَّهِ اللهُمَ اجعَلني مِنَ التّوابين واجعَلني منَ

المُتَطهرين الشهرين الشهرين المُتَطهرين المُتَطهرين المُتَطهرين المُتَطهرين المُتَطهرين المُتَطهرين المُتَطهرين

After finishing

making the Ablution

Ash'hadu an laa Ilaha Illa Llah wa anna Muhammadan rasuulu Llah Allahumma j'alni mina ttawwabyna wa j'alni mina lmutatahhirin.

# **Tayammum**

clean earth (sand or dust) to wipe out one's face and hands in place of Ablution or purification of minor and major ritual impurities with the intention of preparing oneself to pray.

Tayammum is permitted in the Qur'an when one

cannot find water. [Qur'an 4:43]

When performing Tayammum, one must begin with intention (Niyyah), then mention "Bismillah," and finally strike clean soil with hands and wipe the face and hands up to the

- Passing urine
- ritual impurity.
- the Wudhuu section)
- Application of water thoroughly to the entire
- Beginning with the upper parts of the body before the lower parts
- before the left parts
- Rub the surface of the body with hand while applying water









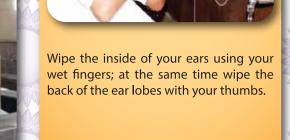
Wash the right foot including the ankle three times, passing water between the toes, and over the sole of the foot.

Step 9



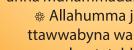
Wash the left foot including the ankle three times, passing water between the toes and over the sole of the foot.

LAAAA





Step 10



GUIDE FOR NEW MUSLIMS

## **Toilet Etiquette**

- Enter the toilet with the left foot first and leave the toilet with the right foot first.
- One must not speak in the toilet.
- One must not take or read the Qur'an in the
- One must not pass urine while standing.
- One must avoid any physical impurities splashed onto the body or clothes. If this happens accidentally, then one must wash off the affected area thoroughly with water.
- One has to use the left hand for cleaning the

## **How to Perform Ritual Bathing**

- Make intention (Niyyah) in your heart
- Wash the private parts (from the navel to the knees) and any area that come in contact with
- Sav Bismillah
- Perform Wudhuu as done for prayer (refer to
- Beginning with the right parts of the body

# How To Perform Salaat

### Why Salaat?

Performing regular obligatory Prayers is the second pillar of Islam and has been commanded by Allah (swt) and His Prophet (saw).

### Allah (swt) says:

"Recite, [O Muhammad], what has been revealed to you of the Book and establish Prayer, Indeed, Prayer prohibits immorality and wrongdoing, and the remembrance of Allah is greater. And Allah knows that which you do." [Qur'an 29:45]

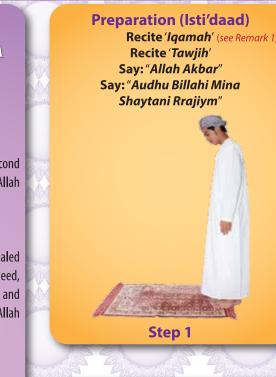
# Prophet Muhammad (saw) said:

"Whoever doesn't pray is not a Believer." "What lies between a Believer and disbelief is renouncement of Prayer." [Sahih Bukhari and Sahih Muslim]

### Nivvah (Intention)

In Islam, all deeds are considered by their intentions, thus before entering state of Prayer one needs to make an intention in the heart the desire to pray in obedience to Allah (swt)

direction of Qibla ready to begin.



**Bowing (Rukuu)** 

"Subhana Rabbiya l'Adhim"

3 times

Upon standing sa

"Samia llahu liman

hamidah"

# **Standing (Qiyaam) Recite:** سورة الفاتحة Surah 'Fatiha' 8

Step 2

**Standing (Qiyaam)** 



Upon prostrating say

"Allahu Akbar"

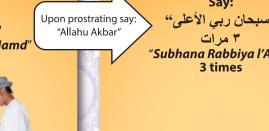


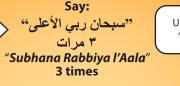
Step 4

**Sitting (Juluus)** 

Stay silently in this

position for 3-4 seconds





1st Prostrating (Sujuud)

**2nd Prostrating (Sujuud)** 

"Subhana Rabbiya l'Aala"

3 times

Step 13

and 'Tahiyat B' in Step 14. For all

other Prayers, recite 'Tahiyat A' in the

'Tahiyat A' and 'Tahiyat B' in the



# Stay silently in this position for 3-4 seconds





**2nd Prostrating (Sujuud)** 

# 3 times



# سورة الفاتحة



Step 8

**Saluting (Salaam)** 

Turn your face to the left

ورحمة الله

Wa Rahmatu Llah

Standing (Qiyaam)





- ذَا الْجَلاَلِ وَالْإِكْرَامِ ﴿ لَا إِلَّهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرَيْكَ لَهُ، لَهُ الْـمُلْكُ
- وَلَهُ الْحَمْدُ وَهُوَ عَلْى كُلِّ شَيْءٍ قَدِيْرٌ اللهُمَ صَل وسَلِم وبَارك عَلى سَيِّدنا مُحَمَّد و عَلى آل سيِّدنا مُحَمَّد كَما صَلَّيتَ وَسَلَّمتَ وباركت على سبيدنا إبراهيم وعلى آل سَيِّدنا إبر اهيم في العَالمين إنَّكَ حميدٌ مَجيد

**Supplication After Prayer** 

» أَسْتَغْفرُ اللهَ x 3

- ﴿ رَبَّنا تَقَبَّل مِنَّا صَلاتَنا وأَجِب لَنا دَعَواتِنا ﴿ و إرحمنا إنَّك أنتَ أرحَمُ الرَّحِمين
- ﴾ ربَّنا أتِنا في الدُّنيا حَسَنةً وفي الآخِرَةِ حَسَنةً وَقِنا عذابَ النّار
- Astaghfiru Llah x3
- Allahumma anta salaam, wa minka salaam, tabaarakta ya dha Ijalali wa
- La ilaha illa Llah, wahdahu la sharika lahu, lahu lmulk, wa lahu lhamd, wa huwa ala kulli shayin qadyir.
- Allahumma ssali wassalim wa baarik ala savvidna Muhammad, wa ala aali savvidna Muhammad, kama sallavta wa sallamta wa barrakta ala sayyidna Ibrahim, wa ala aali sayyidna Ibrahim, fil aalamina innaka hamidu lmajid Rabbana tagabbal minna salaatana,
- wa ajib lana da'awatana, wa arrhamna, innaka anta arrhamu
- Rabbana aatina fi dunya hassanat, wa fil akhirati hassanat, wa qina adhaaba

May continue supplications in your own language



**Sitting (Juluus)** 

**Recite:** 

التحيات

'Taĥiyat'

(see Remark 3 & 4)

**Sitting (Juluus)** 



Upon sitting say

"Allahu Akbar"



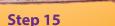
# Saluting (Salaam)

Turn your face to the right

السلام عليكم Assalam Alavkum













Step 16



اللهُ أكبرُ (4 مرات) أشهَدُ أنَّ لا إله إلا الله (مرتين) أشهَدُ أنَّ مُحَمَّداً رَسولُ الله (مرتين) حيَّ عَلى الصّلاة (مرتين) حيَّ عَلى الفَلاح (مرتين) قدِ قامتِ الصّلاة (مرتين) اللهُ أكبرُ اللهُ أكبر ، لا إله إلا الله

Allahu Akbar, Allahu Akbar(2x) Ash'hadu an laa illaha illa Llah (2x) Ash'hadu anna Muhammadan rasulu Llah (2x) Hayya ala Salaa (2x) Hayya ala Falah (2x) Qad qaamati Salaa (2x) Allahu Akbar, Allahu Akbar Laa illaha illa Llah.

### Tawjih

Step 10

سُبِحَانَكَ اللَّهُمَ و بحمدك ﴿ تَبارَكَ اسمُكَ ﴿ وتَعالى جَدُّك ﴿ وَلا إِلَّهَ غيرُك ﴿ إِنِّي وِجَّهِتُ وجهي ﴿ للَّذِي فَطَرَ السَّماواتِ والأَرض ﴿ حَنيفاً ومَا أنا مِن المُشركين &

Subhanaka Llahumma wa bihamdika & Tabaaraka ismuka & Wa taala jadduka & Wala illaha ghayruka & Inni wajjahtu wajhiya & Lilladhiy fatara ssamaawati wal'ardha & hanifan wa ma'ana mina I'mushrikin &

التَّحيَّاتُ المُبارَ كاتُ شه و الصَّلَو اتُ الطَّبِّيات ﷺ السَّلامُ عَلَيْكَ أَيُّهَا النَّبِي وَرَحَمَةُ اللهِ وَبَرَكاتُه ﴿ السَّلامُ عَلَيْنَا وَ عَلَى السَّلامُ عَلَيْنَا وَ عَلَى عِبَادِ اللهِ الصَّالِحِينِ ﴿ اللهِ اللهِ إِلَّا اللهِ وَعَلَى عِبَادِ اللهِ الصَّالِحِينِ ﴿ اللهِ اللهِ اللهِ اللهِ اللهِ وَاللهِ اللهِ اللهُ اللهِ اللهُ اللهُولِي الللهُ اللهُ اللهُ اللهُ اللهُ اللهُ اللهُ اللهُ اللهُ اللهُ

Step 11

Step 3

1st Prostrating (Sujuud)

"Subhana Rabbiya l'Aala"

Upon sitting say:

"Allahu Akbar"

Attahiyaatu lmubarakaatu wa ssalawaatu wa tayyibaatu 🏶 Assalamu alayka ayyuha nnabiyyu wa rahmatu llahi wa barakatuh 🏶 Assalamu ılayna wa alaa ibadi llahi ssaalihin 🏶 Ash'hadu an la illaha illa Llah wa ash'hadu anna Muhammadan abduhu wa rasuluhu.

اللَّهُمَّ صَلِّ عَلى مُحَمّد وَعلى أَلِ مُحَمّد \ كما صَلّيت عَلَى إبراهيمَ وعَلَى آلِ إبراهيم ﷺ وَبارِك عَلَى مُحَمَّد وعَلَى آلِ مُحَمّد ١ كَمَا بارَكتَ عَلى إبرَاهيمَ وعَلى آلِ

إبر اهيم ه في العالمين إنَّكَ حميدٌ مَجيد ه Allahumma ssalli ala Muhammad wa alaa aali Muhammad 🕸 kama salayta ala Ibrahim wa alaa aali Ibrahim 🟶 wa barik alaa Muhammad wa alaa Muhammad 🏶 kama barakta alaa Ibrahim wa alaa aali Ibrahim 🏶 fil alamina innaka hamidunmaiiid 🛞

# **Steps for Performing Five Daily Obligatory Prayers**

Step 12

Prayer	RAKAAT	STEPS	REMARKS
FAJR	2	1-16	1. 'Iqamah' in Step 1 is not required for females anytime, or for males when praying in congregation.
DHUHR	4	1-14, 2-16	2. When praying individually (male and female), recite Surah 'nNas' (or any other small Surah) after Surah 'Fatiha' in Step 2 and Surah 'Ikhlas' (or any other small Surah) after Surah 'Fatiha' in Step 8 for FAJR, MAGHRIB and ISHA Prayers.  3. Say: "Allahu Akbar" upon standing from Step 14 for DHUHR, ASR, MAGHRIB and ISHA Prayer.  4. For FAJR Prayer, recite 'Tahiyat A'
ASR	4	1-14, 2-16	
MAGHRIB	3	1-14, 8-16	

Upon prostrating say

"Allahu Akbar"

### Surah 'Fatiha'

Step 14

بسْم اللَّهِ الرَّحْمَانِ الرَّحِيم الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينِ ۞ اَلرَّحْمَانِ الرَّحِيمِ ۞ مَالِكِ يَوْمِ الدِّينِ ﴿ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ﴿ مَالِكِ يَوْمِ الدِّينِ اللهِ اللهُ اللهِ المِلْمُ المِلْمُ اللهِ اللهِ اللهِ اله اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ۞ صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ﴿

## Bismillahi Rrahmani Rrahim

Alhamdu lillahi Rabbi l'aalamin & Arrahmaani Rrahim & Maaliki yaumidiin 🕸 Iyaaka na abudu wa iyaka nastaiin 🏶 Ihdina ssiratal mustagiim & Ssiraata ladhina an'amta alaihim & Ghayri I'maghdhuubi alayhim wala dhaaliin 🏶

### Surah 'Nnas'

بسْم اللَّهِ الرَّحْمَانِ الرَّحِيم قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿ مَلِكِ النَّاسِ ﴿ إِلَهِ النَّاسِ ﴿ مِن شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ﴿ ا الَّذِي يُوَسْوِسُ فِي صُدُورِ الْنَّاسِ هِ مِنَ الْجِنَّةِ وَالنَّاسُ ﴿

# Bismillahi Rrahmani Rrahim

Kul audhu birabbi nnaas & Maliki nnaas & Ilahi nnaas & insharri lwaswaasi Ikhannaas & Alladhi yuwaswisu fi suduuri nnaas & Mina Ijinnati wa nnaas 🏶

## Surah 'Ikhlas'

بِسْمِ اللَّهِ الرَّحْمَانِ الرَّحِيمِ قُلْ هُوَ اللَّهُ أَحَدٌ ﴿ اللَّهُ الصَّمَدُ ﴿ لَمْ يَلِدْ وَلَمْ يُولَدْ ﴿ وَلَمْ يَكُن لَّهُ كُفُوًا أَحَدٌ ﴿

### Bismillahi Rrahmani Rrahim Kul huwa Llahu Ahad &

Allahu Ssamad & Lam yalid walam yuulad 🏶 Walam yakun lahu kufuwan Ahad ₩

### **Actions that Invalidate Prayer**

- 1. Eating or drinking in Prayer.
- 2. Speaking about something unrelated to Prayer.
- 3. Smiling and laughing during Prayer.
- 4. Leaving out essential act or condition of Prayer such as ablution.
- 5. Making many unrelated motions.

For more information refer to relevant books on Prayer.









